

B-Roll Shot List Template

VIDEOGRAPHY · PLAN AND FILL IN

Five repeatable shot types carry almost any edit. Write your subject next to each row, then shoot in the order listed so your movement stays consistent.

THE FIVE MOVEMENTS

- ☐ 1. Slow push-in, 4 to 6 seconds, steady, ending tighter than you think you need.
- ☐ 2. Reveal past a foreground object — door frame, plant, shoulder.
- ☐ 3. Detail insert: hands, texture, steam, keystrokes. Hold five seconds.
- ☐ 4. Parallax slide: move sideways with something close in the foreground.
- ☐ 5. Locked-off wide: static frame, let the world move through it.

BEFORE YOU ROLL

- ☐ Frame rate chosen for the edit: 24 or 25fps for real time, 50 or 60fps for slow motion.
- ☐ Shutter at double the frame rate (1/50 at 25fps, 1/60 at 60fps).
- ☐ White balance locked manually so shots match.
- ☐ Exposure locked; auto exposure pumps and drifts mid-take.
- ☐ Focus set on the subject and switched to manual.
- ☐ ND fitted so you can keep the aperture open outdoors.

FILL IN YOUR SHOTS

- ☐ Shot 1: subject _____ movement _____
- ☐ Shot 2: subject _____ movement _____
- ☐ Shot 3: subject _____ movement _____
- ☐ Shot 4: subject _____ movement _____
- ☐ Shot 5: subject _____ movement _____
- ☐ Shot 6: subject _____ movement _____
- ☐ Shot 7: subject _____ movement _____
- ☐ Shot 8: subject _____ movement _____

ON SET DISCIPLINE

- ☐ Hold every take five seconds longer than feels comfortable.
- ☐ Shoot the same action twice from two angles for cutting options.
- ☐ Record thirty seconds of room tone at the location.
- ☐ Note the timecode of anything that surprised you.

FIELD NOTE

If a movement feels smooth in your hands, it will still look shaky on the timeline. Slow the push-in by half, then slow it again.